



HIV/AIDS & Viral Hepatitis

Phone: 515-242-5150
<http://idph.iowa.gov/hivstdhep>

Promoting & Protecting the Health of Iowans



You could be one of more than 500 Iowans who doesn't know they are infected with HIV. Maybe you're one of the 50,000 Iowans who has chronic hepatitis C, but doesn't know it. Knowledge is power, especially when it comes to disease. Finding out early that you are HIV-positive or have chronic hepatitis C means that you can receive treatment earlier and live a longer, healthier life.

The HIV/AIDS and Viral Hepatitis programs provide prevention, counseling, testing, and treatment services. Disease Prevention Specialists help people newly diagnosed with HIV learn about the disease, talk to their partners about being exposed, and learn how to get into care. One person wrote the following to their disease prevention specialist: "You told me at a very low point in my life that I would be fine. You even called me six months later to say 'I told you so,' and you were right. Since then, I have regained my health, and have returned to work. My outlook is now happy and hopeful. Thank you."

Through personal awareness and community support, the HIV/AIDS and Viral Hepatitis programs are helping save lives.

Did you know?

More than a third of the people diagnosed with HIV last year were considered to be late testers – meaning that they had been infected for many years before they were tested. Should you be tested?

Why are HIV/AIDS & Viral Hepatitis programs important to promoting and protecting the health of Iowans?

- There were 99 HIV diagnoses in 2014, a 19% decrease from the 122 diagnoses in 2013. It's too soon to say whether this was a change in trend – during the previous 5 years, the state averaged 119 diagnoses per year.
- The estimated number of Iowans living with HIV/AIDS has grown to over 2,600 people, including over 500 who are infected and do not know it.
- The number of Iowans living with hepatitis C is estimated to be over 53,000. Over 80% of these people are not aware of their infections.
- Early detection of both diseases can greatly increase the life expectancy of someone who is infected.
- Medications are available to treat HIV and hepatitis C. The AIDS Drug Assistance Program provides life-saving medications and helps with insurance premiums and co-pays for over 400 Iowans.
- Early treatment of HIV infection means an individual is less likely to transmit the infection to partners. It also decreases the number of hospital visits, costs less, and increases the quality of life.

Which Iowa Public Health Goals are we working to achieve?

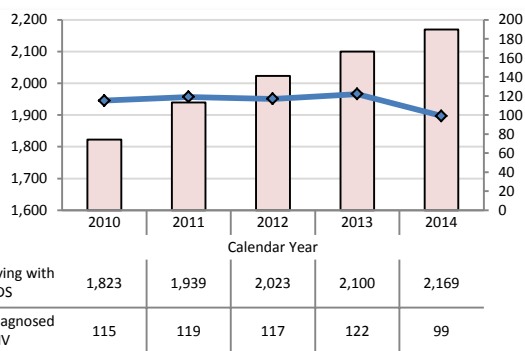
- Prevent epidemics & the spread of disease
- Strengthen the public health infrastructure
- Promote healthy behaviors

What do we do?

- Provide information, training, and funding to local public health agencies and community-based organizations for prevention programs.
- Offer counseling, testing, and referral services, including services for the partners of people living with HIV.
- Provide medication, case management, and supportive services.
- The AIDS Drug Assistance program provides life-saving medication and assistance with health insurance costs for HIV infected Iowans with incomes up to 400% of Federal Poverty Level.
- Study and investigate ways to decrease transmission among disproportionately affected people, such as African Americans, Latinos, men who have sex with men, and injection drug users.

How do we measure our progress?

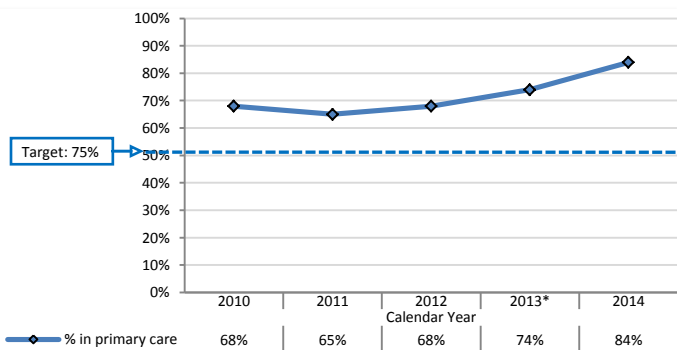
- 1 Number of Iowans diagnosed with HIV.
- 2 Number of Iowans diagnosed and living with HIV/AIDS.



Data Source: HIV/AIDS reporting system. Data are available annually.

How are we doing? Diagnoses have been increasing recently, particularly among white, non-Hispanic males. The number of Iowans living with HIV/AIDS is increasing by about 100/year.

- 3 Percent of diagnosed HIV-positive people who are in HIV primary medical care.

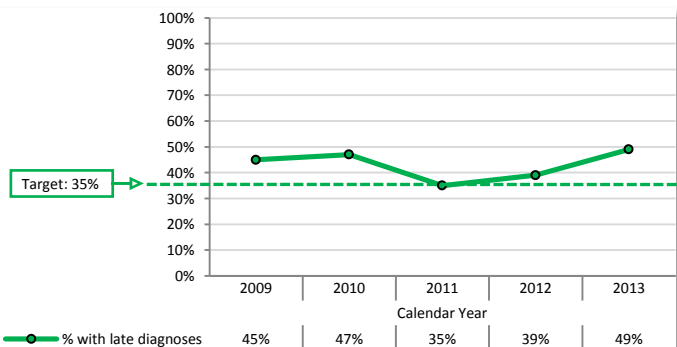


Data Source: HIV/AIDS reporting system. Data are available annually.

*Out-of-state individuals removed from database.

How are we doing? The percentage of diagnosed HIV-positive people who are in HIV primary medical care has improved to 84%. Some of the increase from 2013 was due to a data quality improvement project, but the trend had been upward even before this.

- 4 Percent of people with late diagnoses of HIV infection (AIDS diagnosis made within 1 year of HIV diagnosis).



Data Source: HIV/AIDS reporting system. Data are available annually, one year after diagnosis.

How are we doing? The percentage of people with late diagnoses of HIV infection is lower than in previous years.

What can Iowans do to help?

1. All Iowans who are at risk for HIV or hepatitis C should be tested to learn their statuses. To find out if you're at risk, go to <http://idph.iowa.gov/hivstdhep/hep>.
2. All Iowans can encourage people who have tested positive for HIV or hepatitis C to follow their treatment providers directions and take their medications faithfully.
3. Health professionals can learn about screening for HIV and hepatitis C through training programs.
4. Health professionals can learn about good resources for patients interested in the disease, medications, and testing. For more information, go to <http://idph.iowa.gov/hivstdhep/hiv>.

Expenditures

HIV: general fund, federal funds, intra state receipts* (Dept of Education), & private grant*: K07-0761; 0153-0804/0806/0810/1570/1572/1580/1582/1584. **Hepatitis:** general fund: K15-1529

	State Fiscal Year 2014 Estimate	State Fiscal Year 2015 Actual	State Fiscal Year 2016 Estimate
State funds	\$660,169	\$662,011	\$662,011
Federal funds	\$4,922,546	\$5,365,482	\$4,194,552
Other funds*	\$1,031,413	\$1,355,932	\$3,352,284
Total funds	\$6,614,128	\$7,383,425	\$8,208,847
FTEs	14.39	16.08	17.50

Note: Funding information is intended to provide an overview of funding related to the program area. It does not include all federal and state requirements and/or restrictions for the use of funds. Contact the program area for more detailed budget information.

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